

# ***Report on COVID-19 Response in Ajmer District***



***Presented By:  
Rajasthan Mahila Kalyan  
Mandal (RMKM- Ajmer)  
Mother (Nodal) NGO***

## ***Preface:***

The world right now may feel like an uncertain and uncompromising place, but we remain certain of two things. The need to uplift the spirits of those around us, and the necessity of continued action and support within the communities we serve- those who will be hit hardest by this global crisis. Though the risk factor is still high but everyone has a positive feeling that we will sooner get free from the grasp of this Corona Virus. The consequent lockdown has helped to curb the spread of the virus, but also affected badly the daily wage workers. As soon as the Lockdown announced, RMKM took action to support needy ones during this wake of the disruption due to COVID-19 Outbreak.

## ***About RMKM :***

**Rajasthan Mahila Kalyan Mandal (RMKM) Ajmer** is a Non-Governmental Organization working in the field of Community Development and Disability for the last 45 years to empower Persons With Disability (PWDs) as active contributing members of the society.

Currently RMKM is working under Four areas viz.

**Education and Inclusion-** Through wide-ranging institutional & district development programmes, touched the lives of approx. 5000 PWDs & worked upon capacity building of different stakeholders, Government Officials and care givers so as to reach another 8000 beneficiaries. Operating in Ajmer District of Rajasthan with 150+ staff, deploys grassroot rural and urban programs with community, Government Agencies, Self Help Groups (SHGs) and other stakeholders on identification, assessment, providing services, referrals, capacity building, lobbying and implementation of disability rights and providing services like Inclusive Education, Therapeutic Interventions, Mobility Aids & appliances, advocacy, horticulture, Mental Health & Livelihood. Currently serving more than 2000 PWDs.

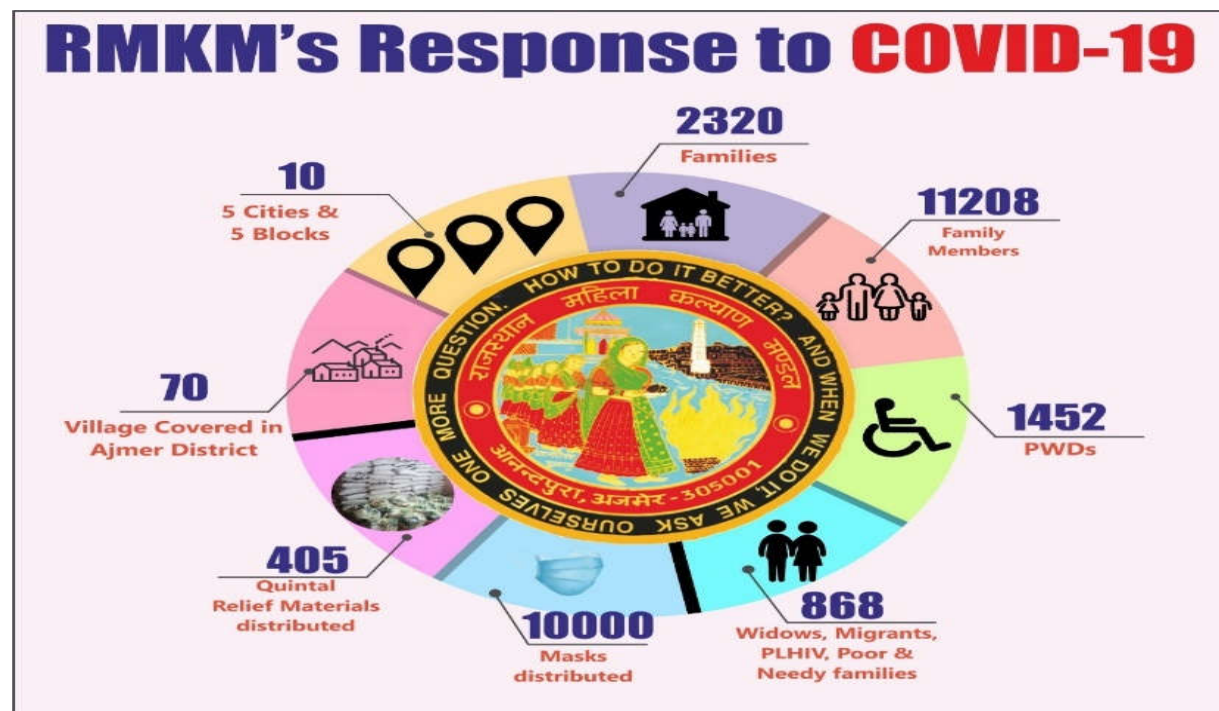
**Health** -Prevention and education of HIV/AIDS among Female Sex Workers (FSW), out migrants, and Intra Drugs Users (IDUs) with involvement in Government health services. Collab organization of "Childline India Foundation" a 24x7 help line to safeguard children.

**Human Resources Development :** Foundation course for in-service teachers, D. Ed SE MR (2 Years Diploma Course) as well as B. Ed. SE MR (2 years Degree Course) in Special Education- Mental Retardation, training course to voluntary organisation in the field of disability and inclusion.





**Livelihood Promotion and Micro-Credit :** Increased economic activities and a general increase of wealth among marginalized groups through micro-credit initiatives and goat rearing. The objective of RMKM's livelihood programmes is to strengthen the socially deprived communities, especially women, through Education, Economic and Emotional empowerment.



## ***Activities accomplished under COVID-19 Relief:***

In the wake of the disruption that this global health crisis has caused and the measures being taken across the world to contain and manage the spread of COVID-19, RMKM also took various initiatives at Ajmer District for the beneficial of the needy ones to support them during this pandemic. ***Some of them are highlighted as below:***

### **1. Helpline 24 X 7:-**

We started 24 X 7 helpline for the needy ones who can call and ask for assistance. After authentication, RMKM team provided the ration material of approx. Rs. 700/- for 10 Days.

### **2. Distribution of Food materials:-**

Provided essential food materials of approx.. Rs. 700/- (for 10 Days) viz. Wheat Flour-10Kgs, Gram Pulse-1 Kgs, Salt-1Kg, Chilli powder-100Gms, Rice-1 Kgs, Sugar- 1Kg, Turmeric Powder, 100 Gms Tea packet to those who belong to poor economic background, mostly daily wage labourers to help sustain their health during lockdown. *Till date, approx. 11208 members of 2320 families have been supported through this.*



This task was done in 3 phases, during 1<sup>st</sup> & 2<sup>nd</sup> Phase, the needy ones were already identified beneficiaries of RMKM, so we took their acknowledgement after providing ration kit. After the launch of 24 X 7 Helpline for the needy ones, we received numerous calls asking for help. So to maintain high-level transparency, we launched the system of online documentation i.e. Google Forms with the 3<sup>rd</sup> Phase. Under this, we followed the practice that our staff has uploaded the valid ID-Proofs viz. Adhar Card, Voter ID, disability certificate wherever applicable and photo click during distribution of Ration Kit in Google form. This helped us to maintain the online record of each n every distribution and enabled us in sound monitoring of whole process.

### **3. Implementation of Hygienic Practices:-**

Generally, these communities are less educated, and unfamiliar with hygiene practices. Hence, we provided Two Dettol Soaps and also made them learnt the correct way of washing hands to save themselves from virus.





#### 4. Medical support & Masks Distribution:-

Those who are suffering from HIV /AIDS and could not able to reach hospitals due to lockdown, RMKM reached them with the required medicines and necessary food materials to help them sustain themselves. Also distributed masks to community to prevent the spread of the virus.



#### 5. Counselling about Arogya Setu App:-

After realizing the importance, RMKM counselled its staff as well as beneficiaries to download Arogya Setu App and support the Government to fight against this health crisis

#### 6. Webinar Participation:-

Mrs. Kshama R Kaushik (Secretary & Chief Functionary, RMKM) lectured in webinar on the topic- Mental health issues of children during lockdown in which more than 200 organizations were there who are also working with Childline India Foundation.

#### 7. Employees' Safety:-



All the precautionary and preventive measures taken by RMKM to mitigate the risk of the coronavirus spread and safeguard its employees viz. COVID-19 document was circulated to all employees with necessary do's and don'ts, Masks were distributed to all employees, Hand sanitizers made available on all workstations, Office premises was deeply sanitised etc.



#### 8. Online training support to Children With Special Needs (CWSNs) & their families:

During the Lockdown, it became the biggest challenge for the parents of CWSNs to handle them at home and restraining them from going outside. To overcome this, our special educators started providing training through digital media & telephonic counselling which kept CWSN busy as well as their developmental process remained interrupted. Also developed some educational posters as below to keep the CWSNs engaged at their homes and support parents to handle them in a creative manner. The reflections are here:-

## COVID-19 Video To Guide CWSN's Parent

[Click here \(Youtbue link\)](#)

- RMKM Psychologist Guidance for parents to Children with Special Needs Divyang during Lockdown



- Suggestions for Parents how to focus and increase children's attention during lock down - RMKM Ajmer



- How we can increase children's memory by playing games during lockdown -RMKM Ajmer



**Educational Posters :**

# हम भी यह कर सकते है



साफ-सफाई  
करना



कचरा पेटी से  
कचरा बाहर निकाले



सफाई  
करना



खाना  
बनाना



झाड़ू  
लगाना



खिलौनों  
को हटाना



बिस्तर  
जमाना



कपड़े  
टांगना



मेज को  
व्यवस्थित करना



बेडरूम  
की सफाई करना



प्रेस  
करना



बर्तन  
धोना



कपड़े  
धोना



खिड़कियां  
साफ करना



कचरे का  
अलग करना



## मीनू स्कूल, चाचियावास



**संचालन : राजस्थान महिला कल्याण मण्डल**  
(सामुदायिक विकास के लिये सन् 1975 से कार्यरत स्वैच्छिक संगठन)

'विश्वामित्र आश्रम' गांव चाचियावास, सीकर रोड अजमेर, मो. नं. 9829140992

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# दिन बनाओ सुहाना



## सुबह



उठना व  
बिस्तर समेटना



**बाथरूम**  
पॉटी जाना, मुंह धोना,  
ब्रश करना, नहाना,  
कंधी करना



ड्रेस पहनना,  
धोने के लिये टोकरी  
में कपड़े डालना



योगा, प्राणायाम,  
व्यायाम करना



नाश्ता एवं  
दवाईयां लेना



घर के कार्य एवं लन्च  
करना व दोपहर में सोना



## शाम



शिक्षको द्वारा बताये  
गई गतिविधियों  
का दोहरान करना



कहानी सुनना, सुनाना  
व पढ़ना



लूडो, सांप-सीढ़ी,  
कैरम आदि खेलना



टी.वी. देखना व शाम  
के काम में मदद करना



रात्रि का खाना  
दवाई लेना, ब्रश करना



बिस्तर तैयार करना व  
समय पर सोना



## मीनू स्कूल, चाचियावास



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## बच्चों के लिये सरल हाथ धोने की प्रक्रिया चित्रों की माध्यम से



Minu School,  
Chachiyawas,  
Ajmer



Sanjay  
Inclusive School,  
Beawar



Ummeed  
Day Care Centre  
Pushkar



Minu  
Early Intervention  
Centre, Panchsheel, Ajmer



Sagar College,  
Chachiyawas  
Ajmer



"Sparsh" State Learning  
Centre for Deafblind  
Panchsheel Nagar, Ajmer



Childline Collab.  
Panchsheel Nagar,  
Ajmer



Minu  
Community Based  
Rehabilitation Program  
Ajmer



Daksha  
Empower Ability Foundation,  
Chachiyawas, Ajmer



Minu  
Residential & Respite  
Care Centre, Chachiyawas

## संचालन : राजस्थान महिला कल्याण मण्डल

(सामुदायिक विकास के लिये सन् 1975 से कार्यरत स्वैच्छिक संगठन)

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## Acknowledgement by The District Administration:

We would like to express heartfelt thanks towards the Planning Commission of India who recognized voluntary sector efforts & appointed Mother (Nodal) NGOs in every district and in Ajmer(Rajasthan), appointed RMKM as The District Mother (Nodal) NGO for effective coordination with other Civil Service Organizations to save community from this pandemic. We are also thankful towards District Administration who acknowledged our work.



## ***COVID-19 Relief- A Snapshot***



*Ratni Devi, 45 years old woman, lives in Singara Village, having the responsibility of 6 daughters to take care after the demise of her husband. She has been working in MNREGA, farming and other labor works but due to poor economic condition, the crop productivity level could not gear up. Under livelihood initiative, RMKM provided training in goat farming and connected her with self-help group (SHG), so that she could overcome financial crisis. In the wake of COVID-19, due to lockdown she could not go for labor work and nobody was ready to lend her money. At that time, RMKM identified her amongst the list of needy families, and provide ration (food) distribution at her door step. As per Ratni Devi, if she had not got support in such grave conditions, she would not have come up, she's always thankful towards RMKM".*

*Ayub Khan, 22 years old man belongs to Ararka Village, having physical disability and 2 siblings - 1 brother and 1 sister (She is also having physical disability). His parents are daily wage workers. Ayub and her sister both are enrolled under RMKM CBR Program and getting regular therapeutic services. Ayub supports family by managing grocery shop through home itself, but still their financial condition are extremely poor, and due to COVID-19 lock down, it got aggravated, as parents afraid of dire consequences. In that situation, RMKM earmarked the family as 'needy' and provided Ration (Food) kit twice, which lowered their stress level. In the words of Ayub's parents, "we are extremely thankful for the support we got from RMKM when needed much, we would like to convey sincere gratitude to RMKM from the core of heart".*



## ***Thanks Note:***

RMKM will remain grateful to all supporters and well-wishers for their valuable contribution to support the needy ones and their families during this pandemic. We have put best efforts and are committed to always serve the community with the same passion and dedication. We will look forward for your continuous support and valuable suggestions for future interventions. For more information on COVID-19 Response, you can visit our website - <https://www.rmkm.org.in/covid-19/covid-19-response>

**Best Regards,**

**Kshama R Kaushik**

**Secretary & Chief Functionary, RMKM Chachiyawas - Ajmer**